MEN'S FRATERNITY

Knights of the 21st Century

Trail 13

KEITH: There was a kingdom many, many years ago. The people had decided they would follow a leader that was destructive to them. Now did they know that that leader was destructive to them? Maybe not, but they chose to follow that leader anyway. And over the years that destruction became so permanent and so overwhelming that to rescue the people became almost an impossibility. However, there was another kingdom that wanted to make the rescue and for decades and centuries almost they started the planning of how they would do this. How would they somehow or another rescue this kingdom that had become so incredibly messed up. They decided the only way to do it was to be, to get some kind of a rescuer, some kind of a political leader, some kind of a person that could come in there and rally the people to think differently than they had thought before. But there's no way they could do that overtly. They'd have to do it covertly. And for years they planned how the insertion would happen. Days before, different agents, warriors would arrive in unrecognizable garb, preparing the way. And on the day when the insertion actually took place, there were people in the hill country of that kingdom that was oppressed that first heard it, when there was a being in the sky and he said for peace, good will, I bring you glad tidings. For unto you is born this day in the city of David a savior which is

Christ the Lord. This will be a sign to you. You'll find the babe wrapped in cloths lying in a manger. And suddenly behind that angel was the Heavenly Host. That is not a choir, that's a series of warriors sent by God because they were about to protect the baby Jesus, the King of Kings, Lord of Lords, who God had planted to make the rescue. You know what's fascinating about that moment? Whenever you and I walk by at Christmastime all the manger scenes, it always seems kind of this peaceful kind of deal, but you need to understand, there was a massive war about the breakout because the enemy was not about to let go.

It's interesting that the enemy of this kingdom, although we would call him Satan, to be honest with you, the enemy really isn't him. The enemy is within. The enemy is called our shadow. Our shadow is that which dwells within us that causes us to do that which is wrong, that which is destructive, that which is evil. We all have it. We call it sin. We call it many things. As a matter of fact, we're going to let you know a variety of ways you might hear of the shadow as God explains it as the world sees it. But it's within. We got it and we need to deal with it.

I want you to take your books and open up to Trail No. 13 and I want you to look at I. It says this. For a male to develop into a man, he must become aware of his shadow's self-destructive influence and learn how to limit it. If you and I are ever going to become the leader we need to be, the defender we are designed to be, we're going to have to understand that that self-destructive part of us is something we can limit. Can we

really get rid of it completely? No, that will come in eternity but God says, you know what, I can deal with it. I'll take it on and I'll beat it. It's on your core. You can't get away from it. You have a shadow. You're going to have to realize how do you handle it instead of it handles you.

Look at II. The man's shadow, sin nature, is like a master magician. His goal is to harm him in any way possible. He's going to try to con you. He's going to try to smoke you. He's going to sneak up – that's why he's the shadow. I used to call it a lot of different things but you know what's so powerful of the shadow? It's always there. It's always trying to permeate. You can't go anywhere without it and it's trying to do damage to you, secretly, all the time.

III. A man's shadow undermines, deceives and manipulates him while attempting to disrupt the positive relationships that he may have. For the knight to defend others adequately he needs to deal with his sinful tendencies. The shadow seeks to destroy all that is good. All that is good. There are different things you and I have done in our lives in which we've done bad. But was it totally self-destructive, was it totally evil? No, no, we were just trying to maybe sometimes do good, maybe we were being foolish, maybe whatever. The shadow is always evil all the time, always seeking to destroy, always seeking to kill and it's within.

We're going to give you an opportunity to experience this in a variety of ways as you work through your workbook with us today so that you don't ever forget that it's there, but you also don't forget that you get

to control it. It doesn't have to control you if you've been freed up by the Savior of the world that I mentioned to you earlier, Jesus Christ.

Look at IV. The shadow has many labels which correspond with the various approaches that it uses. When a man chooses to follow God's calla, the shadow's focus is to encourage negative choices in any form. So what's going to happen is, the moment you start to move towards God, guess what happens? Your shadow increases its activity. You move away from God it doesn't care. It just sort of lets you do your thing. But when you start to move towards him, it's going to try to corrupt you in every way. Keeping that in mind, it's going to hit you in many forms.

The shadow can be called:

ROBERT: The sin nature. For it permeates the whole being of the man and creates a barrier which diminishes its ability to relate to the Holy God. That sin nature is as much a part of you as lungs are to you. It will not leave you. It will always be around you. The question is, are you aware of it and aware that it's keeping you from God.

T.C.: A magician, for it often tries to fool the man's self by making things appear different than they are. There is a really weird animal in the sea called an angler fish. I'd love for you to look it up when you get an opportunity, but this angler fish has this light that it uses to lure animals in and the animals think that it's food when in fact it's just a lure and he wiggles it around, this angler fish does, until the fish swims up and then he just turns around and kills it for bait. It's just, it's just bait.

Remember that. That's what Satan does. He makes something look good and it's really not, just to bait you in.

CLAIR: The shadow can be called evil for males have done tremendous harm to each other and to women and to children while they're under its influence. Guys, have you ever bumped into someone and just kind of like jokingly said they're pure evil. There's some amazing men in this world who it just feels like the shadow is taking over. Every word out of their mouth, you can just feel the venom coming out of them. Every environment they walk into, they have this toxic feel to them. Guys, they're dangerous. You've got to get away from them. Think about not just the harm they're going to do to you if you hang out with them, think about the other people they're impacting, their wives, their children. The shadow can be evil.

ROBERT: The trickster for it presents beliefs that are not true in ways that make them appear true. Such a liar that shadow. It tells you one thing, makes it look all pretty and then when you turn around, it's exactly what is devouring you. It's exactly the thing that it said it wasn't. You've got to be careful with that trickster.

T.C.: Powerful, for it has succeeded in the destruction of amazingly successful and moral men. There's a guy in the Bible by the name of Peter comes to mind immediately. Jesus Christ looks at him and tells him that he's a rock and upon this rock he'll build his church. Peter was one of the strongest followers of Christ and this same person, Jesus

looked him in the face and said, but you know what, Satan is going to get you and you're going to deny me three times when people ask you do you know me. Peter did exactly that. He denied Jesus. He was restored but sin is powerful and you can make you do things you didn't think you would ever do if you take sin lightly.

CLAIR: The shadow can be called negative for it attempts to confront and limit all that is good in a man's life. I don't know about you guys but when I get around negativity, man, my armor flies up. I just love seeing the positive side of life and I hate seeing the negative impact that negativity has. Guys, have you met someone who just can't see the bright side of anything? I mean they could win the lottery and still see a negative. Guys, it's debilitating. I think about men that I've met and we say that their cup is always half full. It's the way they view the world. They just can't see the other side of the cup. That, at its limits, is debilitating but then also you can lead to full blown depression. Watch the shadow. It will try to take you to negative places.

ROBERT: It is ever present for even during the times when a man is at his best, it will follow a positive behavior with a new form of assault. Oh, you've seen the shadow at work before guys, right. Well, no don't look at that stuff on the internet. Okay, yeah, you succeeded, you did it. Before you knew it though, that little piece of mail with a certain picture on it maybe caught you eye. Or no, no, you resisted that but next time it's just on the street at a billboard while driving. The assaults will

keep coming and your shadow will continue to be creative in trying to attack you.

T.C.: Shallow, for it supports simplistic thinking, actions that promote temporary gains and superficial relationships. This is something that I hate about the shadow. That it supports the quick fix. It supports thinking irrationally. It supports acting out without planning. It loves overreacting. It loves when you justify the wrong behaviors and it makes you feel like you can get away with things nobody sees. It will be okay just this once. That little white lie, all those things can be destructive. The shadow knows it but it's excited that you don't and it will take advantage, so make sure that you understand that.

CLAIR: The shadow can be called self-destructive for when a man regularly follows its advice, he will become significantly less than what he was called to be. Guys, one of the saddest things in life is to see a wasted life. We get one shot at this and here's what we believe. There's an almighty God who destined us to have these amazing lives. In Jeremiah 29:11, just to remind you, it says God almighty says for I know the plans I have for you. They're plans to prosper you and not to harm you, plans to give you a hope and a future. Do you have any idea how much the shadow enjoys destroying that promise we got from the almighty God? Don't let it happen.

ROBERT: Pornographic, for it takes what is a gift of God, sex, and turns it into a manipulative, uncaring, self-centered act. Oh, the

shadow. It likes to attack men almost universally in this area. Pornographic. A man has to defend himself and be aware of his shadow in this area more than in any other area. It is the one area where there is so much emotion and so much desire and so much depth that a man wants and yet the shadow is always after it, tricking it, deceiving it, lying to it.

T.C.: A cunning general, for the shadow attempts to utilize forces for good and at the same time turns them to its own ends. This one of those things that annoys me because it's deceptive. When the shadow takes something that should be used for good, and uses it for evil reminds me back when I was in my neighborhood and guys would justify selling drugs and things like that because they were going to go or take it to somebody in need. Sounds good but when you have to use your shadow or sin to produce a good result, that's not the formula that the God we serve teaches us. You can't use sin to do good but the shadow will make you think you can.

KEITH: You know guys, when we first started writing Knights six years ago, we started talking about – we said what are we going to call sin. Because every time I would say to a guy, you have sin, he's think of the seven deadly sins and if he wasn't doing any of them right then, he didn't have it. I hope now you realize that it's there. It's very, very pervasive. This thing we call the shadow, the shadow of turning that Christ refers to. It is that area that so impacts.

So let me tell you a couple more things about the shadow. The shadow will use the good to disrupt the best. What you and I need to learn about is, guys, we will want to live at the very highest level God designed us. The shadow will take that which is good but not the best and sell us that. Understand all you've been hearing. It's very good at what it does.

Look at the next point. Will cause a friend to behave in ways that harm the relationships. Probably nothing is more betraying that a brother – a person you trust – who wounds you, especially when you can't see it coming. T.C. mentioned earlier the fact that when he was talking about the shadow that Peter wounded Christ and how damaging that is.

Consider the next point. Will use old memories to defeat the positive possibilities in the present. Guys, one of the things that's fascinating is, he's an accuser and that accuser keeps brining up your past. Memories of things. I've dealt with people that have been abused and people that abused others and there's memories _____ all that, right. It all kind of impacts and the shadow is always throwing them up and saying, that's who you are. You can't change. It's a liar, good at what he does.

Next bullet. Exaggerates the man's recognition of his own weaknesses which then discourages him from even trying. When you and I understand that he's going to make sure that you just don't think, it's a comparison deal. I look at me and I'm not enough. I think the greatest

tragedy with my dad growing up as I watched him degenerate as he stopped trusting God was he kept on saying he's not enough, he's not enough, he's not enough. His weaknesses always overwhelmed any strengths he had. I lost my dad to those weaknesses. Guys, don't let the shadow win. Don't let it win.

Next one. Uses perfectionism to make things seem harder than they are. Uses perfectionism to make things seem harder than they are. Again, I was talking about my dad. My dad decided that he had to be perfect. If he wasn't perfect he was never enough and therefore, he was never enough. Guys, we have a perfect Savior. That's enough. That's enough. What we need to do is let Him teach us new truth instead of the shadow.

6. Takes the immature aspects of a boy's early history and prompts a man to live them out in the present spandex male ways. The way you and I were raised, we were raised and our shadow sort of took over in an early age and he keeps saying that's who you are, that's what will satisfy you, that's what will do it. Guys, you need to be able to say, I'm looking at this part of me and I'm saying you don't win anymore. You don't reign anymore. I will live in truth, not lies, not a spandex male but a knight.

Consider the next point. Uses a man's confident strength to create a self-focused narcissism within him. This is such a weird deal guys. We want you to be a strong man. We want you to feel like when I'm around others are safe. We want you to have confidence. The problem is that

the shadow will then push that up and above into pride, into arrogance that the world revolves around me and the narcissism that goes with that. As a result of that, I creates quite a problem.

Keeping that in mind, understand there's this battle that goes back and forth. So listen to this point. The shadow, as a cunning general, attempts to harm a man by using his natural tendencies and instincts in ways that God did not intend. Guys, what your shadow does is it's going to take the things that God meant for you to be able to rule and guide and protect and all that and he's going to mess with it. So instead of you becoming what God had in mind, you're going to become something else. Do you want to see how that work? I want you to listen as we work through what God intended but the buts that Satan has thrown at it with the shadow trying to lie to you.

ROBERT: There's an instinct to avoid pain. When your hand gets too close to a fire, you move it. When you pursue any significant goal, some form of pain or unpleasurable requirement is necessary to achieve it. Guys, you remember that old saying, right? No pain, no gain. Only when a man toils and works hard can he then reap his awesome reward. Umm. No pain, no gain.

ROY: How are you doing friend? Boy we've been together for a long time. You know I'm a part of you and no matter how much you want it, I'm never going away. Let's face it. We're friends. I may tell you some things that you need to hear. For instance, that pain, man, it's best

to avoid it. I like you and I don't want you to be hurt. I want you to take good care of yourself. You should avoid all pain because if you can do this, you will never be completely what God called you to be. That makes me happy friend. See if you can deal with me on that.

T.C.: At times it is truly important to pursue your instincts for pleasure as joy is a natural part of walking daily with God. The Bible says the joy of the Lord is our strength. In Philippians it tells us to rejoice our ways. You know, God wants us happy. He wants us to pursue the things that make Him happy, you know, giving to others, loving others, being selfless, going out of our way to supply the needs of others, doing the things that we know makes God smile. This should just be the thing that you wake up and you ask God in the morning, hey, what do I need to do today that would make you happy, that would make others happy because in turn that will make you happy and these times we should seek this kind of pleasure and that's what makes life pleasurable for us.

ROY: But I, the shadow, man, is she beautiful. No one will ever know. It's just this one time and it won't hurt. I, the shadow, will tell you that any kind of pleasure is okay and you deserve it regardless of how much it hurts others or what your motivation is, or what the consequences are, you deserve this. You've had a hard day. It hurts nobody and it's all on that computer. See if you can deal with me in that.

CLAIR: So fear. Fear is not an emotion that I think any of us look forward to or actually enjoy, but it can be an extremely useful tool.

Here's what truth is. Truth is that a man should experience fear in some areas of the forest. Certain areas should be avoided and as soon as a man sees them, he should run. The instinct to run is helpful in the following circumstances. Opportunities to abuse drugs or alcohol. Guys, seriously do you think you're strong enough to dabble in any of these areas without getting burnt? Just run.

When encountering a person with an evil driven agenda. We've met them. They're toxic. They're pure evil, absolute just pure venom flowing out of every word they have. Do you really think you can hang out with people like that and not be impacted? Run.

When facing temptation in areas of personal failure. I know when I look back at my personal failures, I think I've become stronger. Guys, I just can't go near it. I'm not as strong as I think I am. I'll fall back into that same trap that I was before. I've got to run.

Feeling the impulse to manipulate and control others. It's wrong. I'm not here to control them or manipulate. I'm here to encourage them to be a blessing to them. If I fall into this trap and if I attempt to do that, I'm just going to end up hurting them. I've got to turn and I've got to run.

ROY: How we doing friend? We have a but that what was just said there. None of that was true. I, the shadow, am here to tell you that there's many good things to run from. I mean you're not really responsible so why take responsibility? And there's no need to be a real man. When being authentic can hurt you at work, simply hide, pose. Now

why in the world would you want to give sacrificially to others? People really don't care about you. Friend, I'm telling you. It's really important to run from tough issues. That challenging marriage, forget it. There's no sense hanging around challenging relationships when starting another one is so much easier. And facing a conflict that needs to be resolved, why? Just pretend it's not there. And I'll tell you the one that really offends me. It's when you think you can follow God's call to have an ongoing relationship with Jesus Christ. You don't need Jesus. You've got me and yourself. See if you can deal with that.

ROBERT: At certain times it is true that a man should be willing to follow his instinct to fight. What does a man fight for? Well, a man fights for the success of a marriage. That's what a man should do. After all, it's the basic building block of his family, his marriage. Absolutely something worth fighting for. A man should fight against taking advantage of children in harmful ways. Absolutely. Where are the children going to turn to unless they have some knights, some real men around to protect them? A man fights to protect the financial well being of his family. He needs to be able to maintain that security, that level of safety so his family can develop and be fruitful. A man fights against a person whose aim is to harm others. We're the protectors when there's no one else around, we're the ones that step up. We are men. We're knights. A man fights as part of the give and take of an intimate relationship. There's always give and take. A man knows that and he fights to maintain that, to

keep that, giving and taking. A man fights for religious freedom. Not everyone agrees with how you believe and the things that you believe and the principles that you may have. However, a man is willing to defend those things because of the principles that he does have. He's willing to defend religious freedom. A man fights the forces whose aim is to harm your country. Our military is made up of some fantastic men. And our entire country's history is made up of fantastic men. And not just in this country, but in the history of our very existence, we have found great men that have fought for true values and for principles. That is what a real man does.

ROY: Ah, but, but, but friend. Friend, friend, friend, friend, friend. We've been with each other so long, you know it's your destiny. You know it's your destiny to listen to me and do what I want. I mean the minute you leave church on Sunday, you can let all that go and please you don't have to read the Bible and communicate with God. Just listen to me. You got enough on Sunday you know. Now I, the shadow, tell you it's very important to fight. You don't want to be a chump or a wimp, do you? You know you're really important and it's very important that you get your own way. And furthermore, that guy calling you out, it's time to show him that you're still in shape. By using physical force, you can scare a lot of people into doing what you want. And if not physically, it's that mood. You know the mood. The mood that lets everybody around us know you got to be careful of me, I'm in a mood. You blankety, blank,

blank, blank, blank, blank you. Man, that person just needed a piece of my mind. You know sometimes you just got to tell a guy off verbally or show some physical pop to show you're a man. You know, I'm in charge and so you better be careful. You know, don't let anybody tell you what to do. If you use your power, people will be so intimidated by you. You can get away with anything. You can use that family you have to be afraid of you so every TV show watched is yours. You can be tough and avoid those real feelings in life by just acting, you know, like a man. We don't need to be tender. That's for chumps. See if you can deal with me on that.

KEITH: You know it's amazing. As you watch this battle going back and forth between that which a man is designed to be and the lies, the subtle magical lies of the shadow, there's some guys that buy those lies. Nobody is more clear in the Bible probably than the character Doeg. Doeg is a guy who wants to get the king's favor so he sells out another guy knowing that it will cost him his freedom. In the process, Doeg kills a priest and all of the servants. Literally dozens and dozens of people all to get the king to like him. He bought into the shadow hook, line and sinker. He's the kind of guy that all he wanted to do was to come down on the side of evil. You don't meet many people like that but after a while you watch them. In your Knightly News, there's this guy, he's just flat out bad. Everything he does is bad. He attacks David. He does, he does all kinds of things destroying the very things that are precious to God. You

know why he does it, because Doeg has given himself over completely to his shadow. Listen to this statement in your Knightly News. It says, no one was safe around this male. Remember he's not a man, not a knight, a male. He followed his shadow as he destroyed innocents to get the favor of a king. Innocents. Destroyed them. You see while we're talking about the subtlety of the shadow, I want you to know that giving into the shadow is incredibly destructive and that's what that Knightly News is about and you want see it, read about the man, Doeg, in 1st Samuel.

T.C.: It is true that the instinct to bond with others adds great meaning to life enhances your forest existence, defines your true wealth, provides support and learning opportunities and assists you in your self-development and growth as you establish accountability relationships. You know what this is saying? This is something that I'm really passionate about. You got to surround yourself with good people. You got to surround yourself with people that enhance your life, not you know, bring it down. People who give you energy and not take energy away, people who are not going to support your bad habits but they encourage you to have good habits, people that tell you what you need to hear. That's going to make you better. Not telling you what you always want to hear, that could possibly hurt you. Even with me in my marriage, you know, I've been married thirteen years and I have been – I prayed and ask God to make sure I had a wife that would not allow me to become a weak man, that would not support that, one that would require my standards to

be high, one that would make me better. And that's how I am with my knights, my buddies, man, I want guys that make me better, that don't allow me to do the things that the shadow tries to get you to do. So I'm encouraging you while there are times you need to hang around people that may not be as good a knight as you're becoming, but it's only in time that build them up. But the people you hold close to you, your closest friends, people that you confide in, man, they cannot be people that will allow you to be a lower level of a man. You hold those people too close, you become what you hang around. So keep that in mind as you choose your friends and choose your relationships and choose your community.

ROY: Psst. Hey, I'm going to tell you a secret, just between you and I friend. God is a god of relationships. You know, if I can attack your relationships, I mess up everything. So, but, as the shadow, I'm here to tell you you can get as close to any individual as you want. No one controls you and you can have relationships with all kinds of people and it doesn't matter. They won't hurt you. I mean if another guy hangs out with you with poor ethics, don't worry about it because you're going to be your own man. It won't affect you. Peer pressure is just for teenagers, you know. Excuse me a second, I need a beer, or maybe I got to see a picture or at least eat a Danish. The fact that having a close relationship with a woman at work or at the shop or at the exercise place, you know, the gym, that's not going to hurt anybody. And if you get so close to people that you become emotionally dependent upon them, I like

that, because see the more dependent you are on being special to somebody, the less independent, the less you can think for yourself. See, because everybody you bond with is sinful and perfect because they're my friend too. And see, if I can mess them up, it's another way for me to mess you up. See if you can deal with that.

CLAIR: Guys, it's true. You're a valuable being and you should follow your instinct to take care of yourself by doing the following things. I heard a quote a little while ago I absolutely love. It said, every man's goal in life should be to die young at a very old age. Now the dying young part is all a mentality. I want to be young and energetic at an old age. I want to live as long as I can being young and energetic. So how do we do this? First of all, eating nutritiously. It is true you are what you eat and I know as hard as it is, a lot of temptation is out there. Guys, you got to focus on it. Eat nutritiously so you can be around for a long time.

Make sure you see a doctor and a dentist regularly. We have access to some of the best healthcare in the world and if you have a fear of that, get over it. If you can't do it for yourself, do it for those that you love. Another thing we got to do is think about safety before taking action. Hollywood in particular values those action heroes. I'm always fascinated that they'll jump off the one building before they know how far the next one is. It's not going to give you a long life. Don't follow those examples. Think carefully about your safety before you jump into a situation.

Taking reasonable risks. This is one that I have to be careful with. I like what I call calculated risks. I've got a little bit of an adrenaline junkie in me and my sons are following that. I think what's really pulled me back is I don't want them to make mistakes that shorten their life. What a horrible thing to have a life shortened. So taking reasonable risks or calculated risks, think through, what is the risk of what I'm about to, is it worth it? I heard someone say recently that grandchildren are a reward for not killing you own children. Guys, I want to get to know my own grandchildren, so calculated risks.

Planning ahead. There is no substitute for this. Think ahead of what your steps are going to be. Does it put me at risk? Is it going to shorten my life? Is it going to be hard on my health. Just thinking, thinking, thinking. Unexamined life is not worth living, I think it was Socrates who said that.

And the last one is setting boundaries wisely. I am a motorcycle rider and one of the holy grails for bikers is something called the tail of the dragon. It's down in Smokey Mountains here on the east coast and it's known for its switchbacks. It has incredibly harsh turns. The reward for getting through that is staying alive. The penalty for not making it through – along each of those switchbacks, there's some severe cliffs. So here's the deal guys, as we're riding our cycles, we got two lines we got to worry about. There's a white line that's the edge of the road and we love taking that particular route as fast as we can, trying to get our knees

down dragging and cutting through those turns. There's a white line that we try to stay inside of. Then there's about three feet and there's a guardrail. On the other side of that guardrail is pretty much considered, it's – you're going to die if you go over the guardrail. So as close as we can, we set those boundaries. Our boundary is that three foot line. It's not the guardrail. If you're running too close to the edge all the time, something's going to go wrong, so we just want to make sure that we are thinking about setting boundaries in our lives so we don't get burnt.

ROY: I'll tell you guys, there's a big but to that one. You know if you don't take care of yourself, I mean, who will? You're the most important person in that room and you know it. You don't need them. You can be isolated. You got it all under control. I'm here to tell you that you need to take care of and self-preserve because that's what's right and good. Self-focus is just a way of life. The key to life is loving yourself and letting others fend for themselves. So you're it. You're what's most important. See if you can deal with that.

KEITH: A man's use of his sexuality is a true way to increase the commitment in an intimate relationship. Just so you know that when God designed sexuality – we're going to talk about this in the next trail – when God designed it, He designed with one relationship, with one person for life. That's what He designed. When you take it outside of that, you actually are messing with what He created, so we actually don't understand sexuality when we do that. So what we need to learn to do is

understand that our shadow will try to speak into this differently, but the truth is, sexuality works unbelievably well in a committed relationship.

ROY: Man, am I horny, whoa, it's been awhile. I mean you don't understand. I mean sometimes a man, you know. I'm here to tell you the shadow isn't about her, I mean sex isn't about her. It's about me. I mean I need it. She just needs to cooperate. And oh, by the way, don't come next week because we're going to talk about sexuality. And if I can't get you on pain and I can't get you on self-preservation and bonding and some of those instinct, sex is my favorite standby. I know I can get you there friend. See if you can deal with me on that.

KEITH: So there it is, a shadow that's trying to take away what God designed. The shadow is a formidable enemy. A knight recognizes that he needs a spiritual solution if he is to succeed in dealing with the shadow's pervasively negative power in his life. A relationship with God is necessary if he is to defeat this shadow. So watch this. The long-term effects of the shadow which will permanently separate it from God. The reality is the shadow unchecked in your life, not dealt with, not looked at, not cared about, will separate you eternally from God. You will say basically I choose it over Him. Now we've just been talking about the things you don't want to have with this particular thing.

Look at the next one. The short-term effects of the shadow which cause him on a daily basis to live like a male. When God made you, He made you with this in mind. He made you without a shadow. He made

you be a man. When Satan was introduced, the shadow came in. And when the shadow came in, it sold a thing that will destroy everything that we value, including your relationship with God.

So, what do you do with the shadow? You seek God's solution. You come to him and say, God, take me to you. Let me understand what this is. Show me how to live in victory through Christ with my shadow. So, the enemy, it's within. The solution has already been given. Now it's time for us to live that way.

Next week we are going to deal with sexuality. I think you're going to find this to be a very, very fascinating trail. Enjoy your campfire as you work through some of the areas of the enemy within. See you next week.