

Fighting For Your Manhood – Leadership Guide

Round 1

Asking The Tough Questions

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week.
2. What is a man?
3. If an older male attends church, does it automatically make him a man?
4. Can a male believe in God, accept the forgiveness that is offered through the death and sacrifice of Jesus Christ and not be a man? Can a male who does not believe in God become a man?
5. As a male following Jesus Christ, how do I know that I have become a man?
6. 1 Thessalonians 5:23 states, “God is the God who gives peace. May he make you holy through and through. May your whole spirit, soul and body be kept free from blame. May you be without blame from now until our Lord Jesus Christ comes.” How does this *Bible* verse relate to the manhood journey? How can you apply it to your manhood journey to help you become more like the Ultimate Man, Jesus Christ?

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Round 2

Becoming The Man God Designed

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You might also want to give an update on any of the highlights or concerns that you shared last week.
2. Identify the problems in the world around you that could be improved by the influence of Godly men.
3. In Section III, the requirements of manhood are discussed: courage, toughness, perseverance, learning, reflection, submission, humility, strength, change, ability to choose, and character. Give two examples of how these manhood requirements are demonstrated in your life.
4. If you express your manhood by serving others, identify three specific individuals or groups that you can serve through your actions.
5. Hebrews 13:21 states, “May God supply you with everything good. Then you can do what he wants. May he do in us what is pleasing to him. We can do it only with the help of Jesus Christ. Give him the glory for ever and ever. Amen.” How does this *Bible* verse relate to the manhood journey? Through prayer, you can ask God for what you need in order to become His man. What do you need from God? In what areas of your life do you need more of His help?

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Round 3

Characteristics Of A Man

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You might also want to give an update on any of the highlights or concerns that you shared last week.
2. Who do you want to protect? What do you want to protect them from? In what ways can you protect them? When we demonstrate that we value another person, that person can also trust that we will protect them, if needed. What are the ways that you demonstrate to others that you value them?
3. Is it easy or difficult for you to express humility by saying, “I’m sorry,” “Please forgive me,” “I was wrong,” “I apologize”? Are you able to acknowledge, to yourself and to others, how much you don’t know?
4. Identify three individuals who have made contributions to your life. Provide three examples of how you make their life better as a way to show that you appreciate them.
5. What do you think about the concept of disagreeing with God? Identify an issue that you are struggling with God about.
6. Galatians 5:19-21 states, “What the sinful nature does is clear. It enjoys sexual sins, impure acts, and wild living. It worships statues of gods. It also worships evil powers. It is full of hatred and fighting. It is full of jealousy and fits of anger. It is interested only in getting ahead. It stirs up trouble. It separates people into their own little groups. It wants what others have. It gets drunk and takes part in wild parties. It does many things of that kind. I warn you now as I did before. People who live like that will not receive God’s kingdom.” How do these *Bible* verses describe the differences between a male and a man of God?

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Round 4

Taking The Punch That Life Gives

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You might also want to give an update on any of the highlights or concerns that you shared last week.
2. Identify a man who has modeled positive, manly behaviors to you. Share a situation where you observed or experienced a person demonstrating male behavior.
3. Identify a loss or a situation that caused you to grieve. Are there any situations in your life that you wish were different than they are currently?
4. If peer pressure can have an impact on your relationships with friends, what are the characteristics of a good friend? Identify one person in your life who is a good friend.
5. 2 Corinthians 5:17 states, “Anyone who believes in Christ is a new creation. The old is gone! The new has come!” How does this *Bible* verse relate to the manhood journey? Identify an issue in your life that you are feeling relieved about or that you have put behind you. Note: The pursuit of manhood fosters new approaches to life which cause your immature tendencies to gradually disappear, making the maturity of manhood more visible to others.

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Round 5

A Man Makes A Difference

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You might also want to give an update on any of the highlights or concerns that you shared last week.
2. Is it easy or difficult for you to engage with others, to initiate conversation, or to intentionally interact with others in ways that demonstrate that God values them? How often do you compliment others? Identify four people you talk to regularly or spend time with; share a compliment that you can give them this week.
3. Evaluate yourself on a scale of 1 (*not at all*) to 5 (*frequently*) regarding the following social attributes.

_____ Empathy _____ Genuineness _____ Assessment
_____ Thinking _____ Respect _____ Friendliness

Share the ways you have demonstrated these attributes to others through your social interactions. Identify some new ways to show these attributes to others.

4. How difficult is it for you to demonstrate the manly attributes of self-control and self-discipline? Share an area of life where you demonstrate these attributes and an area of life where you need to demonstrate them more often.
5. Philippians 1:6 states, “I am sure that the One who began a good work in you will carry it on until it is completed. That will be on the day Christ Jesus returns.” How does this *Bible* verse relate to the manhood journey? How does it feel to know that you have a group of men to support you, and the God of the universe to help you be a man of God?

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Round 6

How Christ Would Act

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You could also give an update on any of the highlights or concerns that you shared last week.
2. Is it easy or difficult to love the people in your life? Identify a person who is easy to love and a person who is more challenging to love.
3. Part of loving someone includes confrontation or “... speak[ing] the truth in love ...” (Ephesians 4:15). Identify a situation that required you to do this. Is it easy or hard for you to show your love to someone by confronting them?
4. Identify the areas in your life that you need to improve in order to love someone in better ways. As a man of God, you must choose to focus on the attributes of God and the wonderful things He has done and is doing for you, and learn to love others in ways that reflect His love. It is not enough to say you love someone; you must actually love them.
5. Ephesians 5:25 states, “Husbands, love your wives. Love them just as Christ loved the church. He gave himself up for her.” How does this *Bible* verse relate to the manhood journey? How did Jesus Christ love the church? He sacrificed His needs in order to meet our needs. In what ways are you willing to sacrificially love others?

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Round 7

Loving The Way He Does

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You might also want to give an update on any of the highlights or concerns that you shared last week.
2. Review the ways that Jesus demonstrated self-care (Section I, A-J). Identify two ways that you have chosen to take care of yourself, either now or in the future. (This may be something new for you to think about.)
3. Is it easy or difficult for you to take care of your body (Section IV)? What can you do differently in order to take care of yourself in better ways?
4. We cannot control others. What do you need to let go of in two of your relationships (Section VIII, A-H)?
5. What can you do over the next two weeks to create fun for someone you love?
6. 1 John 3:2 states, “Dear friends, now we are children of God. He still hasn’t let us know what we will be. But we know that when Christ appears, we will be like him. We will see him as he really is.” How does this *Bible* verse relate to the manhood journey?

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Round 8

Becoming A Man Of God

Group Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You might also want to give an update on any of the highlights or concerns that you shared last week.
2. Describe your relationship with God.
3. Review the *fruits of the Spirit*, as described in Galatians 5:22-23: “But the fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself. There is no law against things of that kind.” Which one of these attributes is easy for you to express? Which *fruits of the Spirit* require you to ask God for even more help in order to express them to others in consistent ways?
4. What do you think about God’s willingness to forgive you? Identify one person from whom you would like to receive forgiveness. Identify a person you need to forgive. Forgiveness allows you to have peace in your soul.
5. 1 John 1:9 states, “But God is faithful and fair. If we admit that we have sinned, he will forgive us our sins. He will forgive every wrong thing we have done. He will make us pure.” How does this *Bible* verse relate to the manhood journey? How does this *Bible* verse help us to look forward and not be controlled by our past?
6. Are you willing to make a commitment to meet with other men regularly in order to strengthen your manhood and integrate Jesus Christ more fully into your life? What do you think about starting a Knights chapter to begin studying **SQUIRE – THE TRAINING OF THE KNIGHT**? Together with a group of men, you can discover more about the different elements of yourself, all of which can be developed to help you become a better man.