

The Sixth Trail

What Is Worth Dying For?

- I. What is the importance of beliefs in the development of a Man's life? A Man's beliefs...
 - A. Or *Chain Mail will _____ how he _____ challenges within the Forest.
 - B. Will determine how well he develops his potential.
 - C. Influence the way he will treat _____ and others on his journey through the Forest.

- II. What does he need to do in regard to his Chain Mail?
 - A. The Knight must _____ and acknowledge his beliefs and take responsibility for his Choices regarding those beliefs.
 - B. The Knight _____ the Forest outcomes _____ by his belief Choices.

- III. When a Man takes responsibility for his beliefs, he...
 - A. Sees his "cup" as half _____, and views life optimistically.
 - B. Tends to live _____.
 - C. Approaches relationships with _____ and passion.

- D. Sets _____ and actively works toward achieving them.
- E. Tends to work harder in order to _____ himself.
- F. Attracts more social _____.
- G. _____ others through giving.
- H. Achieves more of his life's purpose by leading himself and others more _____.

IV. When a Man puts his beliefs into practice, he...

- A. Understands his _____ and goals, and develops his strategic plan or *Life Map to make them a reality.
- B. _____ his strategic plan or Life Map by consistently backing up his decisions with the proper actions.
- C. Maintains his strategic plan or Life Map, which _____ him by supporting his actions and his Core during attacks by the Forest.
- D. Recognizes that the success of his plans is often dependent upon the _____.
- E. Relies on his ideas and strategic plan or Life Map to find _____ in life.
- F. Is not passive, and therefore he _____ behavior that is consistent with his ideas.

G. Will _____ his ideas to serve others.

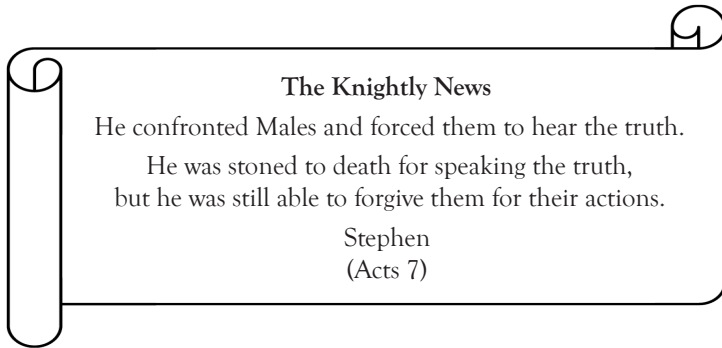
H. Will change his ideas when he desires a different _____.

V. When our Chain Mail is strong, even under pressure,...

A. _____ are easier to spot.

B. Our past provides us with _____ experiences, which are helpful to our present.

C. Our _____ will reveal the credibility of our beliefs.



VI. The Knight who properly uses his Chain Mail...

A. Has a firm knowledge of what his beliefs _____ and _____ he believes what he does.

B. Knows the difference between what he was _____ and what he chooses to believe.

C. Looks to _____ his beliefs, to guarantee that they rest on the truth and are adaptive.

- D. Takes responsibility for the _____ he has made, regardless of whether his beliefs at the time were valid or not.
- E. Immediately adjusts his _____ when they prove faulty.
- F. Realizes that his beliefs give him _____ in the middle of a battle.
- G. _____ his beliefs with those he _____.
- H. _____ to and respects other people's _____.
- I. Has _____ and integrity that are solid and _____.

Action Steps:

1. Identify something that you do not like about your life. List three new Choices that you will make as you confront this issue which can help you create a different future for yourself. I want to change:
 1. _____
 2. _____
 3. _____

2. Identify a project you are currently working on. Write out five essential details related to this project that must be considered in order to plan it well. The project I am currently working on is: _____

1. _____
2. _____
3. _____
4. _____
5. _____

3. Over the next week, give two individuals a response which shows that you appreciate them.
4. Read *How Full Is Your Bucket?* by Tom Rath and Donald O. Clifton.

Campfire Discussion: Share your answers with your group.

1. Share for one minute about the highlights or the concerns of your week. You may also want to give an update on any of the highlights or concerns that you shared last week.
2. Share a thought or an idea that stood out to you from this Trail.
3. Did you disagree with anything that was stated today? Did any of the information from this Trail touch your life? Will you utilize or implement this information in the future?
4. Identify two negative beliefs that must be eliminated in order for a Man's journey to be successful.
5. Identify two positive beliefs that must be added in order for a Man's journey to be successful.

6. Identify a person in your life who has beliefs that you look up to or respect. Why do you respect their beliefs? How can you apply similar beliefs to your life?

My Week: This is a place where you can write about the thoughts that you have had over the past week or what you are thinking about now. If you cannot think of anything, please use one of these scrolls as a starting point.

My family...

I helped...

I am...

My Campfire group...
