

— WORKBOOK —

MANHOOD

JOURNEY



Produced by



Knights of the 21st Century



Table Of Contents

Introduction To Manhood

01.	God Wants Us To Be...? (Part 1)	01
02.	God Wants Us To Be...? (Part 2)	07
03.	Being Men Of God	15

Developing Your Manhood Team

04.	Imagine (Part 1)	24
05.	Imagine (Part 2)	29
06.	Imagine (Part 3)	35
	A Manhood Story: Volume 01, Chapter 01.....	44

Committing To The Manhood Journey

07.	“Yes, Lord” (Part 1)	50
08.	“Yes, Lord” (Part 2)	55
	A Manhood Story: Volume 01, Chapter 02.....	61

Building Manly Character

09.	Chaos (Part 1).....	67
10.	Chaos (Part 2).....	73
	A Manhood Story: Volume 01, Chapter 03.....	78

A Man Seeks Knowledge

11.	Strangers (Part 1).....	83
12.	Strangers (Part 2).....	90
	A Manhood Story: Volume 01, Chapter 04.....	95

Responsible Living

13.	Living Hope (Part 1).....	100
14.	Living Hope (Part 2).....	106
	A Manhood Story: Volume 01, Chapter 05.....	112

The Foundations Of Manhood

15.	Developing Standards (Part 1)	116
16.	Developing Standards (Part 2)	124
	A Manhood Story: Volume 01, Chapter 06.....	130

Leaving Your Immaturity Behind

17.	Expectations (Part 1)	134
18.	Expectations (Part 2)	139
	A Manhood Story: Volume 01, Chapter 07.....	143

Outgrowing Your Childish Tendencies

19.	Living Down (Part 1).....	150
20.	Living Down (Part 2).....	156
	A Manhood Story: Volume 01, Chapter 08.....	160

The Worlds You Live In

21.	Living Up (Part 1).....	165
22.	Living Up (Part 2).....	170
	A Manhood Story: Volume 01, Chapter 09.....	176

Finding Your Way To Manhood

23.	Ambiguity (Part 1)	181
24.	Ambiguity (Part 2)	186
	A Manhood Story: Volume 01, Chapter 10.....	194

How We Lost Our Way

25.	At War (Part 1)	201
26.	At War (Part 2)	207
	A Manhood Story: Volume 02, Chapter 01.....	215

Appendices

A.	A Manhood Inventory	222
B.	Answer Key.....	231
C.	15 Principles of Manhood	235
D.	A Manhood Story: The Campfire Members	239
E.	Our Team	241
F.	Life Questions & Answers	244
G.	My Group Members	246

This is a sample. Some pages have been omitted.



God Wants Us To Be...? (Part 1)

Life Question 01:

What does God expect all males to be?

- I. To become a man, a male must develop his:
 - A. _____ – Life is inherently difficult, and perseverance is necessary not only to survive, but also to thrive. (James 1:3-4)
 - B. Resiliency – We need the ability to bounce back. Children will always fall in the process of learning to walk. In the same way, we will continue to make mistakes and choose to sin as we develop our manhood. (Acts 3:19-20; 1 John 2:1)
 - C. Physical presence – Our body must be strong for the challenges ahead. As we wrestle with life, the physical preparation and energy we have available often determines whether we succeed or fail. (1 Corinthians 6:19-20)

- D. Self-control – There are many forces within us and outside of us that will battle for our attention and demand our involvement. A man controls his emotions and thoughts and carefully manages how he expresses them—real men always follow through on their beliefs and values. (2 Peter 1:5-9; 1 Timothy 4:3-4)
- E. Perceptiveness – A man is attuned to his environment, his own internal processes, and the messages and emotions of other people. (Ephesians 6:18)
- F. _____ – A man is able to process his natural fears and anxieties so he can move out of his comfort zone, take wise risks, challenge himself and follow God's call into the unknown. (1 Chronicles 28:20)
- G. Character – A man acts with integrity, follows through on his promises, practices his principles, speaks truthfully, backs up his faith with actions and responds in respectful ways. Because his character is strong and immovable, he is able to make mature decisions that lead to success. (Romans 5:3-5)

This is a sample. Some pages have been omitted.

Daily Prayer

God, I need your help to be tough, resilient and manly. Help me maintain and strengthen my manhood. Give me insight into how I can encourage the men in my group to become their best. Help me commit to the *Manhood Journey* series and grow with my support team. I want to reach my full potential instead of being passive and accepting the status quo. Use me to be a manly leader, husband, father and friend. Thank you for your forgiveness, love and patience. Amen.

Campfire Discussion

1. Briefly talk about your week, sharing the highlights or the concerns you may have.
2. Share a thought or an idea from this lesson that caught your attention. How does it relate to your life?
3. Each group member should talk about themselves for two to four minutes. (Take notice of the specific characteristics you use to describe yourself.)
4. What do you think are the advantages and the disadvantages of being part of a campfire experience?

5. What do you hope to give to others during your campfire time? What do you hope to receive from others during your campfire experience?
6. Proverbs 27:17 states, “As iron sharpens iron, so one person sharpens another.” How does this Bible verse apply to your manhood journey?

This is a sample. Some pages have been omitted.



God Wants Us To Be...? (Part 2)

Life Question 02:

When you become a man of God, what challenges have you successfully dealt with?

- I. Manhood is _____, and there are several factors that can make achieving manhood even more difficult for us (Deuteronomy 30:15-18):
 - A. Many of us didn't have a father to set us an example of what Godly manhood is. (Psalm 27:10)
 - B. Some of us had a father who was very immature and had very little manly advice to pass on to us. (Proverbs 22:6)
 - C. We're distracted by short-term, pleasurable impulses that overshadow the self-discipline and self-control necessary to achieve manhood. (Amos 5:14-15)

This is a sample. Some pages have been omitted.



A Manhood Story: Volume 01, Chapter 01

Every Tuesday, a group of men meet to learn about manhood through a Knights21 curriculum series, *The Heroic Man's Journey*. After listening to each lesson, these men (Joe, Chris, Bob, Chuck, José, Jim, Paul and George)¹ gather in their campfire discussion group to discuss the lesson and how it can be applied to their lives, explore the parts of themselves they may need to change and talk about life in general. Throughout *A Manhood Story*, we can see their relationships with each other progress and new relationships form, which allows each man to have new experiences, develop his character and ultimately step toward manhood.

* * *

If George had any luck, he would have had no luck at all. As a truck driver, he had learned, long ago, the many annoyances that come with being on the road for a living. Sitting in traffic for hours, due to an accident on the highway, had made him late for today's delivery. Now, as he was finally making his way home, he was once again stopped. He was the first car in line waiting for one of the construction crew guys to spin his sign from "stop" to "slow," while the rest of the crew worked in the hot sun. George often wondered where construction crews came from; they always seemed to just appear in the spring, stopping traffic wherever they were. *Come to think of it*, he thought, *that sign man looks like Joe's kid*. Joe had been George's best friend in high school. They had played football

1 Appendix D provides a description of each campfire member in *A Manhood Story*.

This is a sample. Some pages have been omitted.