

Answer Key

Trail 1... Page 1

- I. D. freed
E. optimistic
- II. B. character
E. changes
- III. B. strengths
D. feedback
- IV. B. good character
D. deepen
G. 1. lesson

Trail 2... Page 11

- I. A. vulnerable
B. wise
C. openly
D. not safe
- II. B. positive
D. Redefine
- III. A. Accept
B. refueling
E. awareness
F. 1. right
2. confronts
3. do life
- IV. meaning
- V. communion
- VII. wise

Trail 3... Page 18

- I. A. reason
C. values
F. self-focused
G. achieves
- II. B. hopeless
C. dreams
E. Limits
H. dependent
I. actor
- III. B. moment
C. Time
E. 2. hurt
4. dependent

- IV. B. panic
D. priorities
E. manhood

Trail 4... Page 27

- divine
- I. A. tribe
6. whole
7. unique
8. God
B. 1. strengths
6. givers
C. Principles
D. inner voice
E. 1. guidance
2. meaning
- II. A. improve
D. Focuses
F. feedback
G. mentor
I. Submits

Trail 5... Page 35

- 1. B. comfort
D. Fight
- 2. C. goals
D. compromise
- 3. A. flexible
B. always done it
- 4. A. power
C. woman
- 5. B. truly are; self-esteem
D. leadership
- 6. A. investment
C. culture
D. humbly

Trail 6... Page 44

- I. A. integrity
B. moment
D. masks

- G. challenging
- II. B. unique
C. decisions
D. forgiveness
E. needs
- III. A. compromise
C. strengthens
D. wealth
E. shadow
F. option
H. God
- IV. greater good

Trail 7... Page 52

- I. A. size
B. meaning
E. assistance
F. resurrect
- II. B. passions
C. Time
F. others
G. Learning
H. refining
J. seek
L. desires
- III. A. focus
B. Resources
D. contribute
F. tasks

Trail 8... Page 59

- I. A. control
C. toughness
D. weak
E. self
G. reigns
- II. A. can
B. practice
D. purpose
E. team
- III. A. rely

Answer Key

- D. team
- I. wisely
- IV. D. differences
- E. chooses
- G. love
- I. apologizes

Trail 9... Page 66

- I. B. invested
- G. prioritized
- H. values
- I. Influences
- II. B. energy
- C. confront
- F. planning
- H. self-discipline
- III. A. feel
- C. learn
- E. loves
- H. prepare
- IV. A. wealth
- B. thank
- E. together
- H. God

Trail 10... Page 74

- I. A. live up
- B. needs
- C. 2. armor
- 3. reactions
- 6. bad
- 8. healing
- 9. rejected
- D. 1. feelings
- 2. Denies
- 3. aggression
- 4. worth
- 5. Pain

- 6. Runs
- 8. Clings
- 9. cutting off

Trail 14... Page 106

- I. A. birth
- B. chain mail
- C. resurface
- G. Unresolved
- H. false
- II. B. beliefs
- 1. true
- 3. treat
- 5. enough
- 6. pay
- 8. bad
- C. distort
- III. B. filters
- D. all that we want
- V. fully

Trail 15... Page 114

- I. A. quiet
- B. grounded
- E. think
- 2. learned
- 3. strengths
- 4. view
- 7. release
- 10. responsibility
- 11. God
- II. A. Energy
- B. 1. remind
- C. lost
- E. hurdles
- H. fixing
- K. yourself
- M. pursue

- N. 4. hurt

Trail 16... Page 122

- I. success
- II. fool
- III. pursuing
- IV. A. sexuality
- E. listener
- F. limit
- H. self-focus
- J. value
- K. exercise
- M. work
- O. wants
- P. prayer
- R. eat
- T. forgive
- V. attitude
- X. budget
- VI. fulfilling
- X. God

Trail 17... Page 130

- I. A. designed
- B. spirit
- C. choose
- E. Spirit's
- F. selfish
- I. accept
- J. knight
- II. A. others
- 3. religious
- B. 1. guide
- 2. His
- 4. honored
- E. value
- F. instincts
- H. controlled

Answer Key

Trail 18... Page 137

- I. A. seek
E. secrecy
G. pursue
2. attractive
3. rejection
6. perform
H. 1. hear
5. charge
I. 2. end
J. 3. failure
II. B. 1. commitment
2. caring
5. boundaries
C. forgiven
D. guide

Trail 19... Page 146

- I. A. No
C. difficult
II. B. wants
C. unmet
D. together
F. loving
G. apologizes
III. A. him
B. grow
C. accepting
D. focuses
E. gives

Trail 20... Page 152

- I. A. appreciate
E. safe
F. present
II. A. fun
C. feelings
E. before

- G. fair
H. comfort
III. A. love
B. apology
E. move
H. men
I. identity
IV. A. one
C. himself
E. grow

Trail 21... Page 159

- I. A. helped
C. Forgives
D. Confronts
G. feedback
I. ethical
J. best
L. measured
M. faith
O. treated
P. challenge
Q. little
S. trust
U. God

Trail 22... Page 165

1. win
2. pain
5. cry
6. respect
7. letting go
9. Blame
10. defense
13. show
15. reflection
17. plan
19. first

21. you
25. My

Trail 23... Page 172

- I. B. regrets
C. growth
F. memories
G. support
I. Jesus
K. EARS
M. grieve
II. bless
IV. models
V. confront
B. cope
D. acceptance
G. loves
H. grief
K. God
VII. call