

# Father/Son Survey

This survey will help fathers measure themselves regarding the ways that they have approached and integrated Manhood principles and behaviors as observed by their sons. The survey will assist sons in assessing their perceptions of their father in relation to the manhood they have modeled and provides a process which can resolve potential old wounds. It will also provide a forum for sharing your memories, thoughts and feelings together, which is one of the first steps in building a strong relationship and becoming closer to being manhood peers. Often times, a parent and a child can have very different memories or perceptions of a shared event from the past. This exercise will also assist fathers and sons by adding clarity to events from the past and will increase their understanding of each other. You can make a copy of the survey pages that follow or download them from [KnightsOfThe21stCentury.com](http://KnightsOfThe21stCentury.com).

## Instructions

Fathers and sons should each complete the survey separately. Fathers should score themselves on each question. Fathers should score themselves on each question, as Dads, according to the rating scale below. Each son should also score his Dad according to the rating scale below:

1 = Dad is closer in that attribute/quality to the characteristics of a *male*.

5 = Dad is closer in that attribute/quality to the characteristics of a *Bull Elephant*.

Fathers and sons should sit down together and talk about the similarities and differences in their answers to each question.

1. Did Dad take care of himself physically? \_\_\_\_\_
2. How well did he control his anger? \_\_\_\_\_
3. How well did he guide his sexuality? \_\_\_\_\_
4. How responsible was he and was he willing to face life? \_\_\_\_\_
5. Was he giving of himself? \_\_\_\_\_
6. Did he have strong relationships with other men? \_\_\_\_\_
7. Did he maintain a balance between work and positive pleasure? \_\_\_\_\_
8. Did he face the pain of life directly? \_\_\_\_\_
9. Did he have and hold to a high moral code? \_\_\_\_\_
10. Did he protect all members of his family? \_\_\_\_\_
11. Was he good at listening, communicating, and valuing others? \_\_\_\_\_

12. Was he able to express himself emotionally in a healthy way? \_\_\_\_\_
13. Was he good at decision-making? \_\_\_\_\_
14. Did he have a strong relationship with God? \_\_\_\_\_
15. Was he aware of his dark side (weaknesses, failures, shortcomings, tendency toward negativity, or taking the easy path)? \_\_\_\_\_
16. Would he take appropriate action to correct his mistakes? \_\_\_\_\_
17. Did he forgive others when they hurt him? \_\_\_\_\_
18. Did he choose his life principles well and live by them? \_\_\_\_\_
19. Did he learn from his past and reflect healthy growth, as a man? \_\_\_\_\_
20. Did he act confidently, without unnecessary defensiveness? \_\_\_\_\_
21. Did Dad and I spend a lot of positive time together? \_\_\_\_\_
22. Did Dad let me know often that he loved me? \_\_\_\_\_
23. Did Dad demonstrate how to care for a woman by how he treated my Mom? \_\_\_\_\_
24. Did Dad live a life of integrity and good character? \_\_\_\_\_
25. Did Dad discipline me fairly and control his anger? \_\_\_\_\_
26. Did Dad listen to me and compliment me? \_\_\_\_\_
27. When/If Dad drank, did he drink appropriately? \_\_\_\_\_
28. Did Dad teach me how to do things and support my learning? \_\_\_\_\_
29. Did Dad sacrifice himself for others and lead the family well? \_\_\_\_\_
30. Was Dad interested in God and did he pursue a relationship with Him? \_\_\_\_\_